

Manulife *Vitality* Rewards

When it comes to healthy living, every little move you make adds up. And when you live a healthy life, you should be rewarded for it, right? We think so, too!

Manulife *Vitality* offers rewards from:



Get Apple Watch from just \$0¹ and fund the balance by tracking daily activity and earning Vitality Points.



Enjoy a one-year Amazon Prime membership when you reach Platinum Status and complete your Vitality Health Review™ three years in a row³.



Hotels.com

Earn up to 50% off a hotel stay through Hotels.com.



Unlock up to \$144 in savings annually on HelloFresh meal kits every time you increase your Vitality Status!



Access an exclusive gym discount of up to 55% off an individual one-year membership.



Several chances to win Amazon.ca Gift Cards through Vitality Squares² and Vitality Active Rewards.



A Quest Diagnostics Company

Book a free annual health assessment from ExamOne[®] to get an understanding of how healthy you are today, and what areas you can improve.



Receive a free Garmin vívofit[®] 4 when you sign up for Manulife *Vitality*, or take advantage of exclusive member upgrade prices on the latest wearable technology.

Eligibility for rewards may change over time and are not guaranteed over the full life of the insurance policy.



Visit **Manulife.ca/Vitality** to learn more.

Notes

Rewards and discounts are subject to change and are not guaranteed to remain the same for the life of the policy.

¹ Initial payment does not include applicable taxes or upgrades which may include cellular models. Tax on initial payment is based on retail value of Apple Watch. Apple Watch Series 7 requires iPhone 6s or later with iOS 15 or later. Apple Watch SE and Apple Watch Series 3 require iPhone 6s or later with iOS 14 or later. Wireless service plan required for cellular service. Apple Watch and iPhone service provider must be the same.

² Not available to residents of Quebec.

³ You can enjoy this reward continuously if you maintain your Platinum status and complete your VHR each program year. If you fail to meet the eligibility requirements in a subsequent program year after qualifying for this reward, you must meet the requirements again for three consecutive years to get it back.

Eligibility for rewards may change over time and are not guaranteed over the full life of the insurance policy. Eligibility for specific rewards or participation in specific reward programs may vary depending on your province of residence, Vitality Status, and/or the type and in-force status of the Manulife *Vitality* insurance policy you hold. Vitality is the provider of Manulife *Vitality*, offered in connection with the Manulife life insurance policy. Insurance products are issued by The Manufacturers Life Insurance Company. The Vitality Group Inc., in association with The Manufacturers Life Insurance Company, provides the Manulife *Vitality* program. The Manulife *Vitality* program is available with select policies. Vitality, Vitality Points, Vitality Status and Vitality Squares are trademarks of Vitality Group International, Inc., and are used by The Manufacturers Life Insurance Company and its affiliates under license. Apple is not a participant in or sponsor of this promotion. Apple Watch is a registered trademark of Apple Inc. Hotels.com and the Hotels.com logo are trademarks of Hotels.com, LP. Garmin® is a trademark of Garmin Ltd. or its subsidiaries. Amazon.ca is not a sponsor of this promotion. Amazon.ca Gift Cards ("GCs") are redeemable only for eligible products on Amazon.ca. Return policies for products are available on Amazon.ca. Except as required by law, GCs cannot be reloaded, resold, transferred for value, redeemed for cash or applied to any other account. To view a GC balance or for more information about your GC, visit "Your Account" on Amazon.ca or contact us at www.amazon.ca/contact-us. GCs cannot be used to purchase other GCs. Amazon is not responsible if a GC is lost, stolen, destroyed or used without permission. For complete terms and conditions, see www.amazon.ca/gc-legal. GCs are issued by Amazon.com, Inc., a Delaware corporation. All Amazon®,™ & © are IP of Amazon.com, Inc. or its affiliates. No expiration date or service fees. Your Amazon Prime membership automatically renews for the membership fee in effect at the time of renewal plus applicable taxes. You may cancel at any time by visiting Your Account and adjusting your membership settings. Valid credit card required at time of registration if Amazon does not have one on file. Amazon Prime Membership Codes cannot be transferred or resold. For more information about Amazon Prime, visit amazon.com/prime. ExamOne® is a registered trademark of Quest Diagnostics. GoodLife Fitness® and GoodLife Fitness are trademarks or registered trademarks and are used under license. The HELLOFRESH trademark and family of associated marks are owned by affiliates of HelloFresh Canada Inc. and used under license. Manulife, Manulife & Stylized M Design, and Stylized M Design are trademarks of The Manufacturers Life Insurance Company and are used by it, and by its affiliates under license.

To speak with a Manulife representative, contact 1-888-626-8543.